

## Day At A Glance

Think about one day during your student’s current week. Complete this chart with all the activities your student is currently doing. Then consider all the supports and costs involved now and with making the activity sustainable past age 22. You must also decide if it is possible to continue that activity after exiting school services. For example; PE class is not a part of adult life, it is NOT sustainable and will need to be replaced with an alternate activity and consideration given to how it will be supported, paid for, etc.

<b>Day of The Week:</b>	<b>Activities</b> Job Training, Working, Hobby or Recreation, Exercising, Volunteering, Classes	<b>Supports</b> Accommodations, Ongoing or intermittent Job Coach, Transportation, Assistive Tech, Natural Supports , Personal Support Worker(PSW)	<b>Sustainability / Action Steps</b> Is this an activity you would like to continue after age 22? What is needed for it to be sustainable?	<b>Cost</b> Consider all potential costs involved: transportation, PSW or job coach, membership fees	<b>Payment</b> What money / funding will be used to pay any costs involved? DD Waiver, DRS Waiver, Private Pay, Savings, Parent as Volunteer/ Driver/Coach?
8:00					
9:00					
10:00					
11:00					
12:00					
1:00					
2:00					
3:00					
4:00					
5:00					
6:00					
7:00					

After completing this for all five days of the week, begin to work on the Week at a Glance to build and plan for a full week of meaningful activity.